

The Cenacle Sisters

The Religious of Our Lady of the Retreat in the Cenacle are an international congregation of Catholic women founded in 1826 in La Louvesc, France. The foundress, Sr. Therese Couderc, was beatified in 1951 and canonized a saint on May 10, 1970. The mission of the Cenacle Sisters is:

“To work for the transformation of the world,
by awakening and deepening faith,
with and for the people of our times.”

The first Cenacle Sisters arrived in North America in New York City in 1892. The Metairie Cenacle Retreat House was built in 1958 through the initiative and fund raising efforts of women in New Orleans who desired a place of spiritual renewal and growth in the Gulf South area. They brought their dream to the Cenacle Sisters, and 53 years later, the Metairie Cenacle continues to “awaken and deepen faith, with and for the people of the times.”

Programs and Services Offered at the Cenacle Retreat House

- In a **Guided Retreat**, the presenter gives a presentation about a particular theme and offers suggested readings to be used during the retreatant's personal prayer throughout the retreat. The retreat also invites retreatant's to share in the Eucharist and spend their retreat in prayerful silence.
- **Directed Retreats** are an opportunity for prayerful solitude, in which you meet daily with a retreat director to share what has happened in prayer. Its design allows you to respond to God's Spirit at your own pace. The suggested stay is 3-8 days/nights.
- A **Day of Prayer** allows you to come to the Cenacle for one or several days, to spend time in prayer and reflection. Meeting with a Cenacle Sisters is optional.
- **Spiritual Direction** is a privileged time and place to reflect with another about your relationship with God. The focus is your life with God as it is lived out in all your experiences.
- **Prayer Enrollment** is a ministry which provides for the celebration of monthly Masses offered in the enrollee's name. Both you and those enrolled are remembered in the daily prayer of the Cenacle Sisters and by the many friends of the Cenacle.

Monthly Giving Program

The Cenacle Sisters would like to first thank you for the difference you have made in their lives. By your support and fidelity, the Sisters have been able to continue their life's devotion to making Jesus known and loved through their ministries.

We would like to offer the newest form of donation, the Cenacle Monthly Giving Program. Through monthly giving, you are able to “pledge” whatever cumulative amount you would like to the Cenacle by breaking it up into monthly donations. With a voided check or a credit card number, we are able to process your requested amount each month, and you won't have to ever remember; it's AUTOMATIC. By signing up as a Monthly Giver, you:

- Provide support for the needs of the Cenacle Sisters by consistently giving
- Help the bottom line by providing a regular and dependable income
- Save the Cenacle money, by minimizing staff time, paper and postage

Because the Cenacle Retreat House is not funded by the Archdiocese of New Orleans, Monthly Givers ultimately permit the Sisters to continue their ministries in Metairie. For more information on how to join, please call Christin Hron at (504) 887-1420, ext. 227.

Metairie Cenacle Mission Statement

The Metairie Cenacle was founded in response to the expressed spiritual need of the women of the area for a place of solitude, prayer, and reflection. In the spirit of the first Cenacle, where Mary and the disciples waited in prayer for the coming of the Holy Spirit and from where they were sent out to spread the Good News, we of the Metairie Cenacle continue to proclaim the Good News through our ministry of prayer, retreats, spiritual direction, and adult faith formation. We welcome people of all faiths who are seeking God. We are committed to the universal mission of Jesus Christ, attending to the “signs of the times” and responding to the changing spiritual needs of our world and Church.

Contact the Cenacle Sisters at:
5500 St. Mary Street, Metairie, LA 70006
(504) 887-1420
(504) 887-6624 (Fax)
www.cenaclesisters.org/metairie

The Cenacle Retreat House is a 501(c)3 nonprofit organization and does not receive funding from the New Orleans Archdiocese.

“You won’t become poorer, you will become richer by giving. You will be enriched in every way for your great generosity.”

2 Cor. 9:11

CENACLE MONTHLY GIVING PROGRAM



Metairie Cenacle
Retreat House