



RETREATS AND DAYS OF PRAYER

2009

*Retreats are directed by the Cenacle Sisters and offered for women at
Ignatius Retreat House
6700 Riverside Drive
Atlanta, Georgia 30328
404-255-0503*

*Days of Prayer for women and men are directed by the Cenacle Sisters and offered in their home at
5913 Jackson Trail Road
Hoschton, Georgia 30548
706-654-3460*

February 13-15, 2009

“I am With You Always”

In Isaiah 43:1-5, God says, “*I have called you by name; you are mine...You are precious in my eyes; you are honored and I love you...Do not be afraid; I am with you.*” These words are comforting, especially when life is challenging or burdensome. During this retreat we will reflect on these words and discover in them meaning for our lives today and hope for our journey into the future.

March 21, 2009, 10AM – 3PM

“Stay With Me”

Our prayer and reflection during this day of prayer invites us to walk with Jesus as He journeys from the Upper Room to the tomb. Through Scripture, guided imagery, and music we shall search for way to companion and comfort Jesus still suffering in His people today.

March 26-29, 2009

Journey into the Desert

Our reflections during this retreat call us to journey into the desert: a holy place, a place where one experiences God in stillness and quiet. Through scripture, guided imagery, and music we will experience the desert as a place of conversion, renewal, and rebirth. New Life is very near!

June 18-21, 2009

The Message of Hope in Paul’s Letters to the Christian Community

June 29th concludes the jubilee year dedicated to St. Paul. It is appropriate then that we reflect on passages in Paul’s writings that speak of hope and that challenge us to embrace ‘discipleship’ ever more fully in our everyday lives.

July 12-22, 2009

Individually Directed Retreats of Five or Eight Days for Women and Men

This retreat is a time of solitude and prayer planned especially for you by you and your retreat director. Suggestions for your prayer may be chosen from Scripture or other spiritual resources including the Spiritual Exercises of St. Ignatius of Loyola. During your retreat you meet each day with your retreat director who helps you discern the voice and movement of God’s Spirit within you. The Cenacle Sisters together with the Staff at Ignatius Retreat House serve as retreat directors.

October 16-18, 2009

Prayer: An Invitation to Embrace the Essence of Love

In her book, *Prayer*, Joyce Rupp says that “the foundation of true prayer is a friendship based on affection, a relationship honed and developed with genuine appreciation for God.” Using *Prayer* and Scripture as our resources, we will, during this retreat, reflect on prayer as friendship with God, an embrace of eternal Love, and a summons to ‘go out’ and live ever more deeply the gospel of love.

December 3-6, 2009

The Favor of a Timeless Birth

The great joy of Christmas is the birth of Jesus Christ – the birthing of God in our world and in our selves. This good news is not limited by time or space. It is celebrated wherever and whenever new life emerges. During this retreat we will reflect on events that led to the birth of Christ and those through which we today experience Emmanuel, God-With-Us

December 12, 2009, 10AM-3PM

An Advent Sojourn with Mary, the Woman from Nazareth

On this feast of Our Lady of Guadalupe, we shall reflect on Mary’s response to the Spirit of God dwelling within her and the significance of her response for us as we journey toward Christmas and into the unknown future.

THE CENACLE SISTERS

are experienced spiritual directors and available for **SPIRITUAL DIRECTION** in their home and at other locations. Spiritual Direction is not just for the “holy.” It is for all persons trying to discern the movement of the Spirit within them and their daily lives. It is an experience of ongoing companionship on one’s spiritual journey.

offer **INDIVIDUALLY DIRECTED DAYS OR PRAYER and RETREATS** of two to eight days in their home. During these special times of prayer and solitude a Cenacle Sister serves as your retreat director. Suggestions for prayer are selected from Scripture or other spiritual resources including the Spiritual Exercises of St. Ignatius of Loyola.

direct retreats for women and men who desire to enter into a retreat but who cannot withdraw from their family or professional responsibilities. **RETREAT IN EVERYDAY LIFE**, an adaptation of St. Ignatius of Loyola’s “Spiritual Exercises,” is a retreat made in the midst of one’s daily life at home for an extended period of time. The person entering into the retreat sets aside time for prayer each day and meets regularly for direction with a Cenacle Sister. The retreat is usually extended over a six-month period.

are available to offer **PRAYERFUL OPPORTUNITIES** such as retreats, days or evenings of prayer for you and your friends in your own home.

Call the Cenacle Sisters for more information.

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