



News from the Upper Room

The Cenacle in Gainesville - www.cenaclesisters.org/gainesville.htm

December 2007 Volume 2, Issue 2

Did You Know?

You can help us in various practical ways by joining the *Friends of the Cenacle*, a wonderful and informal group. For information about the *Friends* group or about the next rollicking work party, contact Dave and Gloria Chynoweth at dpchyn@gmail.com.



From Saint Therese Couderc (Cenacle co-founder):

"God has so many ways of uniting us to himself, that he does so when he pleases and how he pleases. So we do well to let God have his way and to abandon ourselves to the divine guidance."

(Written in Montpellier, October 5, 1864)

"It seems to me that I can truly say, 'My God and my all,' since indeed I find joy, relaxation, peace, and happiness only in him.

(Montpellier, April 23, 1865)

Cenacle Internet Ministry

Saint Therese Couderc, the co-founder of the Cenacle, said, "My heart embraces the whole world." The Cenacle of today continues in her spirit of reaching out to the world – in prayer, of course, as she did, but also in a very 21st-century way, through our internet ministry.

Here are some of the ways we reach out in cyberspace:

The Cenacle Journal

www.cenadesisters.org/journal.htm

The Cenacle Journal offers reflections on finding God in everyday life. It is updated every two weeks, and earlier entries are kept in the Journal Archives:

Caught Up in God

www.vocationquest.org/cenaclearchives

Not only does this site contain a searchable archive of Cenacle Journal reflections, but it also offers other appealing material, such as:

Cenacle Videos and Podcasts

The podcasts are from Sister Elizabeth's Wednesday night meditation talks. While there are only a few of the talks available as podcasts, many more may be found on Sister Elizabeth's blog:

Wild Jubilation

www.wildjubilation.blogspot.com

Sister Elizabeth's Wednesday night talks are posted each week on this blog.

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Cenacle Video on YouTube
(... less than a week after it appeared)

Coming up in 2008

Roots of Christian Mysticism: Hebrew Mysticism

Led by Sister Annette Mattle
Tuesday, January 15, 2008

Wrestling with God

Led by Sister Elizabeth Hillmann.
Two Tuesdays, January 22 and January 29, 2008

Talking with God Face to Face, and Seeing God from Behind: The Mysticism of Moses

Led by Sister Rose Hoover, rc
Two Tuesdays, February 19 and 26, 2008

The Mystery of the Transfiguration

Led by Sister Elizabeth Hillmann and Sister Rose Hoover
March 4, 2008

The above programs are offered twice: come either morning or evening, 9:30 - 11:30 a.m., or 7 - 9 p.m.

Ongoing

Christian Meditation / Centering Prayer

Every Wednesday at the Cenacle
6:00 – 7:30 p.m.

Spiritual Direction

Call the Cenacle for information: (352) 336-5102.

Did You Know?

(continued)

The word "Cenacle" comes from the Latin *coenaculum*, meaning "supper room," or as used in the New Testament, the "Upper Room."



The Cenacle was founded in 1826 in the little mountain village of La Louvesc, France. From our origins, we have been involved in the ministry of retreats and faith formation.



In 1892, four Cenacle Sisters sailed to New York to found the first Cenacle in the United States.



Are You Called to be a Sister?

See the next column, about the Vocation Quest website, sponsored by the Cenacle Sisters.

Contact Us

E-mail:

gvillecenacle@vocationquest.org

Phone:

(352) 336-5102

Address:

505 N.E. 5th Avenue
Gainesville, Florida 32601

Internet Ministry

(continued)

Cenacle Videos on YouTube

Streaming video is a wildly popular medium today. Although some of the Cenacle videos created by Sister Rose are found only on our own site, we have published most of them on YouTube, under the name of Cybernun (that's Sister Rose). To find these, go to: www.youtube.com/cybernun

Writings of Saint Therese Couderc

<http://members.cox.net/couderc>
Much of what our Cenacle co-founder wrote is not yet online, but this is a beginning. You can find more about Saint Therese Couderc at: www.cenaclesisters.org/couderc.htm.

Contemplative Practices

www.cenaclesisters.org/contemp.htm
Suggestions from Sister Elizabeth to help you to be mindful of the divine presence.

Cybernun.org

A new site, just beginning to be developed.

Unable to Grasp God's Essence

beauty-ever-new.blogspot.com
Offering photography as a way to praise the God of the seen and the unseen — God who is the Good, the True, the Beautiful — this simple blog comes to you under Sister Rose's middle name. (Now you know...)

Gainesville Cenacle

www.cenaclesisters.org/gainesville.htm

Come here to find out what's going on at the Cenacle in Gainesville.



Vocation Quest

www.vocationquest.org

Last, but certainly not least, this extensive site includes an eight-day retreat for women discerning a call to religious life, as well as other material for discernment. Also offered are: a virtual chapel, free online greeting cards, links to sisters' congregations located in the Diocese of St. Augustine, and selected spiritual readings.

We are most grateful to the Warren P. Powers Charitable Foundation for supporting the continuing development of this site, which has been helpful to women called, not only to the Cenacle, but to any Catholic religious congregation.

We Need Your Help

We are dependent on the generosity of those who value our work, as we receive no salaries, and stipends are not sufficient to support our mission. Neither are we funded by the diocese or by any parish.

Any donations you can give will be deeply appreciated.

We Also Ask Your Prayers

- For the benefactors of the Cenacle
- For the many people who have requested our prayers
- For vocations to the Cenacle
- For the peace of Christ to fill the whole world
- For our Cenacle ministry in Gainesville and North Florida

I would like to help the Cenacle by my donation of _____.

Name: _____

Address: _____

Phone: () _____

E-mail: _____

If you cannot give a financial gift, please consider joining the Friends of the Cenacle and offering a gift of time and prayer.