



# SPIRITUAL DIRECTION QUESTIONNAIRE

All information will be held in strict confidence. We ask your participation in completing this form to assist us in discerning with which director you might best relate. Thank you.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone: Home (\_\_\_\_) \_\_\_\_\_ Office (\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_ E-mail \_\_\_\_\_

Occupation: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Number/Ages of Children: \_\_\_\_\_

Religious Affiliation: \_\_\_\_\_ Place of Worship: \_\_\_\_\_

- Briefly describe your relationship with God. Who is God for you at this time in your life? How do you experience God in your everyday life?
  
  
  
  
  
  
  
  
  
  
  
  
  
  
  
- What do you currently use as a basis for your personal prayer? How often do you take time for personal prayer? How long are your times of prayer?
  
  
  
  
  
  
  
  
  
  
  
  
  
  
  
- What led you to seek spiritual direction at this time?

- What do you hope to gain from spiritual direction?
- Have you ever had spiritual direction before? If so, when and how was it helpful?
- How did you hear about the Cenacle?
- What other information about yourself would you like to share that would help for the Cenacle to match you with a director?
- What days/times are more convenient for meeting with your director?

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Return to:  
Sr. Mary Ann Peters, rc  
Cenacle Retreat House  
420 N. Kirkwood Rd., Houston, TX 77079-6807  
mapetersrc@cenacletreathouse.org  
www.cenaclesisters.org/houston

*Be assured of the prayers of the Cenacle Sisters and the whole Cenacle family for you and your loved ones.*