



## SPIRITUAL DIRECTION QUESTIONNAIRE

*All information will be held in strict confidence. We ask your participation in completing this form to assist us in discerning with which director you might best relate. Thank you.*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone: Home (\_\_\_\_) \_\_\_\_\_ Office (\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_ E-mail \_\_\_\_\_

Occupation: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Number/Ages of Children: \_\_\_\_\_

Religious Affiliation: \_\_\_\_\_ Place of Worship: \_\_\_\_\_

- Briefly describe your relationship with God. Who is God for you at this time in your life? How do you experience God in your everyday life?
  
  
  
  
  
  
  
  
  
  
  
- What do you currently use as a basis for your personal prayer? How often do you take time for personal prayer? How long are your times of prayer?
  
  
  
  
  
  
  
  
  
  
  
- What led you to seek spiritual direction at this time?

- What do you hope to gain from spiritual direction?
- Have you ever had spiritual direction before? If so, when and how was it helpful?
- How did you hear about the Cenacle?
- What other information about yourself would you like to share that would be helpful for the Cenacle to match you with a director?
- What days/times are more convenient for meeting with your director?

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Mail to:**

Sr Mary Ann Peters, r.c.  
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[www.cenaclesisters.org/houston](http://www.cenaclesisters.org/houston)

*Be assured of the prayers of the Cenacle Sisters  
and the whole Cenacle family for you and your loved ones.*